

NAZARETH ISD

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Happy New Year
Welcome Back**

**STAFF
WORKDAY**

4
Ranchero Wrap or
Salisbury Steak
Crunchy Broccoli Salad
Fresh Apple Sliced
Roll
Brownie

5
Hotdog or
Texas Basket
Crinkle Fries
Tomato Cups
Snowball Salad
Roll

8
Enchiladas or
Chalupas
Refried Beans
Corn
Salsa
Spanish Rice
orange Smiles
Pudding

9
Chili Cheese Fries or
Chicken & Waffles
Veggie Cup
Strawberries & Bananas

10
Lasagna or
Pizza Sticks
Marinara Sauce
Broccoli
Cinnamon Applesauce
Breadsticks

11
Cheeseburger or
Mozzarella Sticks
Marinara Sauce
Tomato Cup
Garden Salad
Pears
Chips

**COUNTY
STOCK
SHOW**

15
Breaded Drumsticks or
Chicken Spaghetti
Garden Salad
Sweet Potatoes
Seasonal Fruit
Biscuit

16
Walking Tacos or
Sandwich
Pork Beans
Veggie Cup
Pineapple Tidbits
Cake

17
Chicken Nuggets or
French Bread Pizza
Mac & Cheese
Carrots
Squash
Grapes

18
Soft Tacos or
Boneless Chicken Wings
Celery
Carrots
Fruit
Chips
Yogurt

19
Chicken Parmesan or
Steak Fingers
Mashed Potatoes w/ Gravy
Corn
Peaches
Roll

22
Corndog or
Hamburger
Fries
Pork Beans
Fruit Cup

23
Nachos Supreme or
Quesadillas
Pinto Beans
Cucumbers
Fruit
Salsa
Ice Cream

24
Chicken Sandwich or
Spaghetti & Meatballs
Garden Salad
Fruity Gelatin
Chips
Breadstick

25
Tangerine Chicken or
Crispito
Vegetable Roll
Mandarin oranges
Roll

26
Cheese Pizza or
Pepperoni Pizza
Carrots
Savory Green Beans
Apple Crisp

29
Country Fried Steak or
Fish
Mashed Potatoes
Okra
Strawberries
Roll

30
Frito Pie or
Chicken Fajitas
Pinto Beans
Carrots
Spanish Rice
Salsa
Hot Cinnamon Apples

31
Chicken Alfredo or
Salisbury Steak
Mashed Potatoes
Savory Green Beans
Peaches
Breadstick

STUDENT LUNCH PRICES: Full Price--\$4.00 PK-5; \$4.40 6th-12th;
Reduced Price--\$0.40
Second entrée with a reimbursable meal--\$1.75 or cost;
entrée only--\$2.50
ADULT LUNCH PRICES--\$5.25 for full meal, or \$3.00 for entrée only

JAN
MENU 2024

**BIG BEND
STATE PARK**



ANNOUNCEMENTS:

**Milk
Chocolate Milk**

Juice

**This menu is
subject to
change**

Veronica Rodriguez



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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www.SquareMeals.org

School Lunch Requirements:

The Lunch consists of 5 Components: (1) Meat/Meat Alternate; (2) Fruit; (3) Vegetable; (4) Grains; and (5) Milk. Students are required to select at least 3 full components—one of which must be a creditable serving of fruit (1/2 Cup) OR vegetable (1/2 Cup) from the 5 Lunch Components daily.

*Kinder - 12th grade: A variety of milk is offered daily.

*Only unflavored 1% or unflavored fat-free milk can be served to PK

*Menus may change due to product availability or other significant market changes.

*Menus meet recommended dietary guidelines.

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Office of the Assistant Secretary for Civil Rights
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